

## JOIN OUR BOARD OF DIRECTORS

Calgary-based Connections is a thriving, 27-year-old, non profit focused on helping parents maintain safe and nurturing homes for their children. The parents Connections support have a cognitive challenge – brain injury, Autism Spectrum or developmental disability. Most of our families also live in poverty. Without Connections, these parents are likely to lose custody of their children, breaking up the family and resulting in poor outcomes for the children and their parents. Connections supports over 100 families each year in Calgary and area, offering lifelong support including parenting skills education, financial coaching and group programming.

**Why join the Board?** Connections' Board provides an opportunity to be part of an organization that is respected, focused, and successful advocating for parents in our community. As a '*small but mighty*' organization, there is opportunity to provide the guidance and expertise that will ensure Connections continues to thrive and be effective. Unusual for a smaller organization, Connections advocates at the policy and systems levels as the only agency in the province focused on parents with disabilities. Connections' engaged Board of Directors have the opportunity to support the Agency Director and team to be strategic, effective and fiscally sound, offering a stimulating and rewarding Board experience.

**About the Commitment** Connections' Directors serve two-year terms and meet approximately 10 times per year (monthly, except for the summer). Board members fulfill general Board as well as officer roles (Chair, treasurer, secretary). With a maximum of 15 Board members, Connections is currently seeking Board members who passionately support our mission, reliably attend and engage in monthly meetings, plus attend and support an annual "Family Dinner" fundraiser.

Connections is especially keen to add financial, human resources, disability issue experience or awareness, marketing communications, and provincial government (human services) experience to its Board.

**For more information, contact Erin Waite, Agency Director at 403 209-1100 or [erinw@connections counselling.ab.ca](mailto:erinw@connections counselling.ab.ca).**

There is much more about the history, services and approach of Connections Counselling and Consulting Foundation at [www.connections counselling.ab.ca](http://www.connections counselling.ab.ca)